June 6, 2019  
  
Dear Commissioners:   
 **I urge you to join me in weighing in with your opinion of the NANC recommendation to reject having a 3-digit number for accessing the NSPL – or their opinion that we should send crisis calls to 211.**

I work at a nonprofit that answers our State’s National Suicide Prevention Line and I know that a separate 3-digit number for crisis intervention services will help eliminate the stigma of mental health by normalizing seeking help for suicidal thoughts and mental health crisis such as PTSD.

Suicide was the second leading cause of death among young people in the United States, and there were more than twice as many suicides (47,173) in the United States as there were homicides (19,510).  
  
WE NEED A 3-DIGIT CODE AS A BEHAVIORAL HEALTH & SUICIDE CRISIS LIFELINE NATION-WIDE!  
  
Sincerely,

Theresa Burks, MSW