



December 10, 2018

Federal Communications Commission  
445 12th St, SW  
Washington, DC 20554

**Re: Docket 18-336 Implementation of the National Suicide Hotline Improvement Act of 2018**

Dear FCC:

My Health My Resources (MHMR) of Tarrant County supports the recommendation for a N11 for The National Suicide Prevention Lifeline. We receive more than 100,000 calls and texts each year to our 24/7/365 crisis line, which includes routed calls to the National Suicide Prevention Lifeline.

As a Local Mental Health Authority (LMHA) and formal partner with the National Suicide Prevention Lifeline, we believe that it is necessary for there to be a dedicated 3-digit accessible number for behavioral health services and suicide prevention separate from the current 2-1-1 system. This not only echoes the assertions of fellow authorities and professionals in this field but is consistent with emerging trauma-informed care practices and zero-suicide protocols.

When someone is in need, we want them to be able to find help when they need it. A three-digit number will provide consistency and ease of use across all systems of support.

If you have any questions or need additional support from us, please let me know.

Sincerely,

Susan Garnett, MSW  
Chief Executive Officer