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I watch RFD TV on cox cable.

I am watching the Big Joe polka show as I type this.

Seeing people in their 70's and 80's out there dancing and having a good time makes me happy. Polka music is beautiful. It's hard to sit still when I hear the polka beat.

Tomorrow nite I will be dancing the polka. What fun for some one my age. Always see new steps on the Big Joe and Mollie B polka shows.