

Daughter For The Day, Inc.

4400 Stamp Road, Suite 308
Temple Hills, MD 20748
(301) 316-1206
www.DaughterForTheDay.org

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Kevin J. Martin, Chairman
445 12th Street SW
Washington, DC 20554

Board of Directors

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Gregory Duckett
- Duckett Limonsine*
- Glady's Handy*
Senior Citizen

Dear Mr. Kevin J. Martin,

I just wanted to send you a note expressing my deepest appreciation for all that WPGC 95.5 and HEAVEN 1580 have done and continues to do for Daughter For The Day, Inc. (DFTD). DFTD is a non-profit 501(c)(3) organization and we have very *very* limited funds to spend on marketing and advertising. The generosity that these stations have demonstrated by interviewing us several times about our work in the community has been priceless and is a true testament to their dedication to our community. Because of this help, we have been able to reach thousands of people and enlighten them on the plight of senior citizens in our community. They gave us the opportunity to inspire many listeners to volunteer their time to help get seniors – most of whom are on fixed incomes – to doctor appointments, etc. Without fail, immediately after every interview that we've had on one of these stations, our office received a significant increase in phone calls from people who were interested in learning more about DFTD. Thanks to them, we've signed-up so many volunteers who now help take senior citizens to their medical appointments, to the grocery store, and anywhere else they need to go. We have been able to fill in the gap for hundreds of seniors in our community who were lonely, had no one else, and often felt forgotten. I just wanted to take a moment to say 'Thank you' to everyone at WPGC 95.5 and HEAVEN 1580 who had a part in helping us help the senior citizens of our community.

Sincerely,

Tonja Lark
Tonja Lark

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Comments from our Seniors

Vick is an exceptional asset to your organization. She is prompt, an excellent driver, takes care of the Senior in her care. Her manner is very professional. She treated me like the beautiful daughter I never had.

M. Tucker

Thank God for daughters for the day. I had a very pleasant and wonderful day with my daughter for day October 18th. She was so pleasant and patient with me. I am sending a small donation but, I know it is worth much more. I will be using daughter for the day as much as I can. I feel so blessed to have daughters for the day. Thanks again,

E. Monroe

My daughter was everything my own daughter would be. Thank God for your service. I have been so pleased with your service. Thank God for your services. it means so much to me.

E. Gallion

My son was wonderful. I was so proud of him, being such a young man, to take time out to help seniors. He was very patient with me, even in the rain. He was a blessing.

L. Kelley



Elizabeth L. Lark
"Nana"

"Daughter For The Day, Inc. is my way of honoring my dear Nana, and every time we are able to assist a senior citizen, I'd like to think that my grandmother would be proud of this special tribute to her."

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www.daughterfortheday.org

Daughter For The Day, Inc

Our Mission is to create a sense of independence and security for all of our senior citizens.



Daughter For The Day, Inc. is a loving and caring non-profit organization dedicated to providing senior citizens with *Free* one-on-one personal assistance.

Our History

Daughter For The Day, Inc. was founded by Tonja Lark, in 2005, who shared a special relationship with her grandmother. She would frequently reminisce about the memorable moments she spent with her "Nana"...taking her to the doctor, to the mall, and to the grocery store - - followed by the mandatory ice cream cone stop, that would *always* put a smile on her Nana's face. Those priceless moments of being "girlfriends for the day" meant the world to both of them.

Spending this quality time with her Nana, gave Tonja an appreciation for senior citizens. It also enlightened her to the increasing difficulties that seniors face in completing errands as they get older. She found herself helping seniors in the store locate items that they were searching for, or giving rides to seniors that had been waiting in the cold for transportation.

Tonja realized that there were many other seniors that needed someone to show them a little attention. Seeing this growing need for assistance, the idea of providing senior citizens with a "Daughter For The Day" was conceived. Tonja's vision was to recruit volunteers from the community and ask them to donate a few hours a month to help a senior get to an appointment or assist them with their shopping at the local grocery store. a new

Frequently Asked Questions

1. *How much does this service cost seniors?* This service is absolutely free for seniors.
2. *How can DFTD provide this wonderful service for free?* Donations and fundraisers are the main source of funds for DFTD.
3. *How can I donate to DFTD?* Donations can be mailed to our office at 4400 Stamp Rd. Suite 308, Temple Hills, MD 20748. Since, we are a non-profit 501(c)(3) organization, all donations and contributions are tax deductible.
4. *How do you join the organization?* Seniors that are at least 70 years old can contact the office at (301) 316-1206 to request an application. Once they receive their membership card, they can start using the services.
5. *Is DFTD the same as a transportation service?* No! DFTD is not a transportation service. All volunteers stay with their senior and assist the senior through out the entire outing. We strive hard to become their "daughter for the day."
6. *How will I be able to identify my DFTD when they come to pick me up?* All of our volunteers wear **red** shirts, with our logo, during the entire outing.
7. *Do you have male volunteers?* Yes, we have (and welcome more) male volunteers.
8. *What qualifications are required to become a volunteer?* The qualifications are: Have your own transportation; Pass a criminal/driving record check.

Volunteers In Action

