

Please do not allow nudity and more profanity in TV shows during prime time or hours when there are surely children and teens watching. Even if you limit the number of instances per hour or per show, the networks and various producers will only begin competing on who can include the most or the "edgiest" material compared to others.

As a Licensed Professional Counselor in Michigan for 20 years and a Certified Advanced Alcohol & Drug Counselor, I can tell you with very high confidence that mechanisms in the brain related to addictions work in a very similar fashion with most any behavior young people can indulge in that gives the individual a quick thrill.

When it comes with a sense that they are "getting away with something" that is usually in the domain of restricted content for adults, such as underage drinking or "soft porn," there is usually an even stronger "pull" to the behavior. Often there will be a need to keep increasing the stimulus to get the same release of the pleasure chemical dopamine in the brain.

Thus, for some individuals, perhaps as much as 10%, it can become addictive. Since impulse control is challenging for adolescents in particular, due to the massive hormones and the growth spurt they have, this is an easy avenue for problems to start that will lead to bad consequences later.

We counselors are seeing ever more clients who are losing marriages and engagements due to one party having a problem with media or online sexual thrill-seeking.

Please maintain at least current guidelines to preserve as much safety for viewers as possible within the level of freedom that is truly needed for free speech. The strength of the family as the fabric of our society is already severely challenged by many factors in our current culture. Please do not add one more.

Thank you for asking for feedback on this very important decision before you!